



#### **Welsh Athletics**

### **Commonwealth Games Glasgow 2026**

### **Athlete Nomination Policy**

#### Introduction

- 1. This nomination policy has been agreed by Welsh Athletics and Commonwealth Games Wales (CGW). It provides detail on the process by which Welsh Athletics will arrive at its nominations to CGW for the selection of athletes within the Welsh Team in Glasgow 2026 which will be submitted for consideration.
- In all cases, the submission by Welsh Athletics represents a nomination to CGW for selection. The final decision in selection to the 2026 Games lies with CGW.
   Achievement of the nomination criteria therefore represents eligibility for nomination, not selection.
- 3. Welsh Athletics will only have the option to nominate those athletes that have qualified under both the Welsh Athletics nomination criteria stated below, the criteria listed in the CGW Selection Handbook (available on the Team Wales website here; <a href="https://teamwales.cymru/">https://teamwales.cymru/</a> and the relevant criteria within the Commonwealth Games Federation (CGF) Constitution (available on the CGF website here; <a href="https://www.commonwealthsport.com/commonwealth-sport/governance">https://www.commonwealthsport.com/commonwealth-sport/governance</a> both of which should be read in conjunction with this policy.

# **Nomination Policy Aim**

4. To nominate a team of athletes capable of competing with distinction at the 2026 Commonwealth Games, with the individuals and or the team having the ability to achieve at least a top six placing in the anticipated field.

# **Athlete Eligibility**

- 5. Prospective team members must fulfil the eligibility criteria of the CGF, that is outlined in the CGW Selection Handbook (available on the Team Wales website here; <a href="https://teamwales.cymru/">https://teamwales.cymru/</a> and the relevant criteria within the Commonwealth Games Federation (CGF) Constitution available through <a href="https://www.commonwealthsport.com/commonwealth-sport/governance">https://www.commonwealthsport.com/commonwealth-sport/governance</a>.
- 6. Where prospective team members do not comply with the above they will only be nominated for final selection if they receive prior dispensation from the CGF.





### **Games Competition Format**

7. The following events will be contested at the 2026 Commonwealth Games within the Athletics programme.

#### Men

100m, 100m T11/12, 100m T37/38, 100m T45/46/47, 200m, 400m, 800m, 1 Mile, 1500m T20, 1500m T53/54, 5000m, 10000m, 10km Race Walk, 3000m steeplechase, 400m hurdles,  $4 \times 100$ m Relay,  $4 \times 400$ m Mixed Relay, Long Jump, Long Jump T20, Triple Jump, High Jump, Pole Vault, Shot Put, Shot Put F57, F55/F56/57, Discus, Discus F42/43/44 / F61/62/63/64(Raza Points), Hammer, Javelin, Decathlon

#### Women

100m, 100m T37/38, 100m T45/46/47, 200m, 200m T37/38, 400m, 400m T53/54, 800m, 1 Mile, 1500m T53/54, 5000m, 10000m, 10km Race Walk, 3000m steeplechase, 400m hurdles, 100m hurdles, 4 x 100m Relay, 4 x 400m Mixed Relay, Long Jump, Long Jump T37 / T38, Triple Jump, High Jump, Pole Vault, Shot Put, Shot Put F55/F56/F57, Discus, Discus F42/43/44 / F61/62/63/64 (Raza Points), Hammer, Javelin, Heptathlon

#### Nomination criteria

- 8. CGW requires that athletes have demonstrated the ability to finish in the top six or to have the ability to enhance medal potential for a Team Event at the 2026 Commonwealth Games. The contents of this section are written to reflect and support this.
- 9. To be nominated to the CGW, athletes must;
  - Be eligible to compete for Team Wales in the sport of Athletics as outlined in paragraph 5.
- 10. The number of athletes that can be entered for a discipline is set out by the Commonwealth Games Federation (CGF) as follows;
  - In an individual discipline, up to three athletes per nation may be entered
  - Up to six athletes may be entered for relay events
- 11. To be considered for nomination, Athletes must have fulfilled the qualification criteria outlined below;
  - Exceed (Not equal) the B standard shown in Table 1.0, and;
  - is achieved during the Qualification period (paragraph 12), and;
  - is achieved in an Eligible Competition (paragraph 13), and;
  - meet the additional criteria (paragraph 14).
  - Achieving an A standard will trigger automatic nomination from Welsh Athletics Nomination Panel to CGW.

**Note:** para sport events are not included here as they will be selected via direct invitation – as outlined in Paragraph 17.





Table 1.0

|               |               |                 | 1             |               |
|---------------|---------------|-----------------|---------------|---------------|
| Female        |               | Event           | Male          |               |
| B<br>Standard | A<br>Standard |                 | A<br>Standard | B<br>Standard |
| 11.30         | 11.12         | 100m            | 10.15         | 10.21         |
| 23.07         | 22.56         | 200m            | 20.45         | 20.61         |
| 51.98         | 51.09         | 400m            | 44.93         | 45.85         |
| 2:01.30       | 1:59.40       | 800m            | 1:46.30       | 1:47.20       |
| 4:06.90       | 4:05.90       | 1500m           | 3:35.40       | 3:36.80       |
| 15:25.40      | 15:07.70      | 5000m           | 13:26.30      | 13:34.50      |
| 31:58.10      | 31:42.90      | 10000m          | 27:35.60      | 27:51.50      |
| 9:49.40       | 9:26.60       | 3000m<br>S/C    | 8:16.30       | 8:33.00       |
| 45:45.50      | 43:50.80      | 10km<br>Walk    | 38:49.20      | 40:49.70      |
| 13.05         | 12.90         | 100 /<br>110mH  | 13.41         | 13.59         |
| 56.11         | 55.02         | 400mH           | 49.30         | 50.46         |
| 6.41          | 6.68          | Long<br>Jump    | 8.12          | 7.93          |
| 13.61         | 14.10         | Triple<br>Jump  | 16.78         | 16.22         |
| 1.87          | 1.92          | High<br>Jump    | 2.26          | 2.21          |
| 4.28          | 4.33          | Pole<br>Vault   | 5.47          | 5.28          |
| 17.07         | 18.24         | Shot Putt       | 20.69         | 19.71         |
| 55.93         | 58.30         | Discus          | 63.51         | 60.80         |
| 63.86         | 67.03         | Hammer          | 72.91         | 69.75         |
| 56.44         | 61.67         | Javelin         | 83.21         | 78.68         |
| 5666          | 6027          | Hep /<br>Dec    | 8027          | 7578          |
| 44.78         | 43.00         | 4 x 100m        | 38.42         | 39.81         |
| 3:17.80       | 3:15.70       | 4 x 400m<br>Mix | 3:15.70       | 3:17.80       |

- Achieving the B standard will trigger the nomination panel to consider an athlete for nomination to CGW.
- Achieving a B standard does not guarantee nomination from the nomination panel to CGW.
- Performance evidence considered for a 'B' standard nomination by Welsh Athletics will include but not limited to Commonwealth Ranking, Performance trajectory, Athlete profile, Sports science, Sports Medicine and evidenced ability to perform on a given day.





- Performance standards are based on top six positions and above at previous Commonwealth Games and are aligned to the Welsh Athletics performance programme strategy.
- Relay teams can be selected based on an alternative set of criteria as outlined in paragraph16
- Should there be any circumstances that would materially affect the ability of Welsh Athletics to fairly nominate a Team, Welsh Athletics retains the right to amend the Performance Standards in conjunction with Team Wales.
- Road performances can be used to qualify a standard for the Race Walking events but not running events, however road results can be used to support a nomination profile for endurance athletes in the nomination process.
- To qualify for the 1 Mile race Athletes will need to achieve the 1500m standards identified in Table 1.
- 12. Qualifying performances must be achieved within the "Qualification Period" which is defined as follows:

Non Para From: 00.00 (GMT) on 1st January 2025

To: 23.59 (GMT) on 18th May 2026

Para From: 00.00 (GMT) on 1st January 2025

To: 23.59GMT) on 31st March 2026

- 13. Qualifying performances must be achieved at one of the following competitions;
  - Any event organised or licensed and certified by the WORLD ATHLETICS, its area associations or its member federations
  - Any event organised or licensed and certified by British Athletics
  - Any event holding a level 2 license

**Note:** Any competitive performances outside of these events will only be given consideration if the validity of the performance is confirmed by the appropriate standard of officials and is accepted at the discretion of the Nomination Panel.

- 14. Qualifying performances must meet all of the following additional criteria (from the WORLD ATHLETICS Competition rules available here; <a href="https://worldathletics.org/">https://worldathletics.org/</a>;
  - Wind assisted performances will not be accepted
  - Hand timed performances will not be accepted for qualification purposes, but may be considered in the event of electronic timing failure
  - Indoor performances for all events will be accepted
  - Performances in mixed events between male and female participants, held completely in a stadium, may be accepted under specific circumstances
  - In all field events, only the single best trial from within a single competition series will be accepted





- Multiple performances in official Championships, of Welsh National level or higher, achieved in the same discipline on a single day, will all be counted
- 15. The minimum age of athletes permitted to compete at the 2026 Commonwealth Games is governed by WORLD ATHLETICS rules, as follows;
  - Junior Athletes: any athlete aged 18 or 19 on 31 December in the year of competition (born in 2007 or 2008) may compete in any event
  - Male Youth Athletes: any athlete aged 16 or 17 on 31 December in the year of competition (born in 2009 or 2010) may compete in any event except the throwing events, Decathlon, 10000m
  - Female Youth Athletes: any athlete aged 16 or 17 on 31 December in the year of competition (born in 2009 or 2010) may compete in any event except the 10000m
  - Athletes younger than 16: no athlete younger than 16 years of age on the 31
     December in the year of competition may be entered
- 16. In making their nominations to the CGW, the Welsh Athletics nomination panel will use the following criteria;

#### **Individual Events;**

- Any eligible athlete who has achieved a valid nomination standard (Table 1.0), within the qualification period (paragraph 12), in a recognised competition (paragraph 13) and whose performance fulfils the criteria in paragraph 14, will be eligible for nomination from Welsh Athletics to the CGW. Please note that this does not guarantee selection, as outlined in paragraph 2
- At its sole discretion, the nomination panel may consider nominating an athlete
  who has not achieved the relevant standard, but who they strongly believe has the
  potential to win a medal at the Games but that the attainment of the relevant
  standard has not been possible due to an unforeseen situation (long term injury
  etc.). The body of evidence to support a nomination under these circumstances
  must be overwhelming.

### Relay Events;

- A relay team that has achieved a valid standard (Table 1.0), within the qualification period (paragraph 12), in a recognised competition (paragraph 13) and whose performance fulfils the criteria in paragraphs 14, will be eligible for nomination from Welsh Athletics to the CGW. Please note that this does not guarantee selection, as outlined in paragraph
- At its sole discretion, the selection panel may consider nominating a relay team who has not achieved the relevant standard, but who they strongly believe has the potential to achieve the aim of the policy (paragraph 4). This would normally





occur when two or more individual athletes who make up part of the relay team are already nominated in individual events and where the other individual athletes who would make up the remaining places are within reasonable proximity to their individual event standards. However Individual Athletes who consistently demonstrate their ability to achieve specific individual times that contribute to the overall relay outcome may be considered. The nomination panel may use its discretion to nominate a team who has had insufficient opportunity to achieve a performance standard.

It should be noted that the nomination from Welsh Athletics to the CGW represents the nomination of a team – not individual athletes. The composition of that team remains at the discretion of the nomination panel and the CGW, and may not include all of the athletes who ran in the teams whose qualification performances were considered as part of the nomination process. The nomination of individual athletes to support relay teams will be based on the following factors;

- The proximity of the athlete's performance to the "standard within the qualification period (in the corresponding individual event(s))
- The consistency of the athlete's performances, demonstrated by performing at or around the standard within the qualification period (in the corresponding individual event(s))
- Position at the 2026 Welsh Championships (in the corresponding individual event(s))
- The athlete's specific relay skills, as determined and recommended by the Welsh Athletics relay coaches
- The athlete's attendance at, and support for, Welsh Athletics relay programme training sessions
- Head to head competitive records with other eligible athletes
- Current form and fitness (athletes may be asked to undertake health and fitness checks prior to nomination to the CGW or any period thereafter prior to the Games, as required)
- Any other factor(s) which in the panel's opinion will impact on an athlete's ability to support the relay team at the Games

If an athlete is selected as part of a relay team, but is not selected in an individual event, then their priority will always be to support the relay team in the pursuit of achieving the aim of the policy (paragraph 4). However, at the sole discretion of the panel, an athlete who is not already nominated as an individual, may be nominated in an individual event, if it is deemed to be in the best interests of the relay team and the athlete concerned.

Typically, Welsh Athletics would look to nominate a total of 6 individual athletes as part of a relay team in order to provide the necessary support for the "strike four" in the event of injury, illness or any other factors that would prevent one of the "strike four" from competing in one of the rounds. However, it is possible that only 4, or up to 6 individual athletes could be nominated as part of the relay team.





In the event that one or more of the "strike four" relay athletes is forced to withdraw from the Games team prior to departure for the Games (for any reason), then it will be at the discretion of the CGW, in consultation with Welsh Athletics, as to whether the relay team is also withdrawn at that time.

- 17. Para-Sport athletes will receive an invitation to compete from the CGF, based on a quota system adopted by the CGF in line with IPC Commonwealth rankings. However, athletes must show consistent form within the qualification period (paragraph 12) in order for Welsh Athletics to accept a named athlete invitation. Due to the limited competition opportunities available, an athlete who is invited would be expected to demonstrate genuinely competitive form and fitness
- 18. Para-Sport athletes must hold a current WPA License and must be internationally classified with a confirmed sport class status or review with a fixed review date of 2027 or later at the sport entries deadline of 23 June 2026'
- 19. The onus of providing evidence of the achievement of a performance rests with the athlete / coach
- 20. Where an athlete attains the nomination criteria in one event, they may still be nominated for a second event, but would be expected to prioritise the event in which they have achieved the nomination criteria
- 21. In circumstances deemed appropriate by the Head of Performance, an athlete may be requested to complete a fitness test prior to nomination to the CGW. Specific details of this testing can be seen in Appendix 3.
- 22. Bipartite Invitation Slots may be awarded to named Para athletes by CGF. Welsh Athletics at its sole discretion will accept or not accept the invitation.

#### **Nomination and Appeals Process**

- 22. The Welsh Athletics Glasgow 2026 Nomination Panel (as detailed in Appendix 1), as appointed by the Board of Directors, will nominate athletes to the CGW, in accordance with the nomination criteria detailed above. In the event that any of the nomination panel member has a conflict of interest in relation to the nomination of any person or team, they shall declare it to the other members of the nomination panel and shall not exercise their vote in relation to the nomination of that person or team.
- 23. The Glasgow 2026 Commonwealth Games qualifying period for Welsh Athletics will start and finish as detailed in paragraph 12.
- 24. The Welsh Athletics nomination panel will meet on the 18th May 2026 to discuss and confirm nominations to the CGW.
- 25. Following the Welsh Athletics nomination panel meeting listed in paragraph 24, a





member of the nomination panel will contact, by telephone and in confidence, those athletes who the panel have nominated to the CGW. This will be done on the day (i.e. by 9pm on the 18th May 2026) of the nomination panel meeting.

- 26. Athletes who do not receive a telephone call or email from a member of the nomination panel by 9pm on the 18th May 2026, should consider themselves as being not included in the list of nominations to the CGW. Confirmation of this can be sought by contacting the Head of Performance (as detailed in Appendix 2). Those athletes who are not included in the list of nominations to the CGW who have achieved a B standard will have the right to appeal (to Welsh Athletics) their non-nomination, if the appeal conforms to the details outlined in Appendix 2).
- 27. Appeals will be considered by the Welsh Athletics Appeals Panel (as detailed in Appendix 1 and 2) on the 22nd May 2026. All athletes who have appealed will be notified of the decision of the Appeals Panel by telephone and in writing. Telephone notification will be made within 24 hours of the Appeals Panel meeting.
- 28. The proposed list of nominees will be submitted to CGW on the 25th May 2026. Each nominated Athlete must sign off their performance data prior to presentation to CGW.
- 29. The CGW selection panel will meet to consider the nominations on the 1<sup>st</sup> and 2<sup>nd</sup> June 2026 and will then make recommendations to the CGW Board, who will confirm the team selection.
- 30. Welsh Athletics will confirm both non-selection and selection to nominated athletes by 4<sup>th</sup> June 2026, by telephone and in writing.
- 31. There will be no right of appeal to the CGW for non nominated athletes, however there is a right of appeal for nominated athletes following their non-selection as detailed in the CGW Selection Handbook.
- 32. CGW will confirm the final Athletics team selections on 19<sup>th</sup> June 2026.
- 33. Nominations must be kept confidential until CGW have completed their selection process. Nominated / non-nominated athletes are not permitted to make any announcements to the media or general public in any form whatsoever (including any social media platforms such as Twitter and Facebook) of their possible confirmed selection or non-selection prior to the official team announcement by the CGW of such selection. Breach of this clause may impact on an athlete's selection or appeal.
- 34. Final selection to the Games team is dependent on receipt of relevant information required by CGW such as the CGF Eligibility form and Team Member Agreement.

### **De-nomination**

35. De-nomination from the list of athletes submitted to CGW (and / or athletes selected by the CGW following nomination) may occur as a result of:





- Failure to adhere to the athlete code of conduct or the Team Member agreement
- Failure to meet the agreed fitness testing protocols (see Paragraph 37 & Appendix 3).
- As detailed in paragraph 16, a relay team may be de-nominated following the withdrawal of one or more of the "strike four" athletes.

# Athlete de-selection and replacements

36. At any time prior to Team Wales being formally entered into the Games and after nomination has occurred, Welsh Athletics reserves the right to withdraw an athlete's nomination should, in the opinion of the Welsh Athletics Head of Performance in conjunction with the Welsh Athletics' Lead Physiotherapist determine the athlete is incapable of performing within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12.

The process by which an athlete may be de-selected from the Games depends on the exact timing in relation to Team Wales' official entry into the Games – i.e. the date on which Team Wales is formally entered into the Games. This is currently set for the 23rd June 2026.

Where such concerns exist, the following process will be undertaken as per Appendix 3.

### **Appointment of Team Staff**

37. The Team Leader and Team Manager for Welsh Athletics will be confirmed by the 30th April 2025. The final complement of Welsh Athletics team staff attending the Games (Team Coaches) will ultimately depend upon team size and composition and will be determined by CGW in consultation with Welsh Athletics after the final team selection is made.





## Appendix 1

### **Nomination and Appeals Panels**

The following appointed individuals will finalise the nominations by Welsh Athletics for the 2026 Commonwealth Games to the CGW;

### **Nomination Panel;**

- 1. Welsh Athletics Head of Performance
- 2. Team Manager for Athletics at Glasgow 2026 (Administrator)
- 3. Board of Directors Member (Performance Sub Group Director Dan Clements) (Chair)
- 4. Welsh Athletics Lead Performance Physio Therapist (Non Voting)
- 5. Board of Directors Member (Nominated by the board of Welsh Athletics)

# Appeals Panel;

- 1. Chair for Welsh Athletics (Chair)
- 2. CEO for Welsh Athletics
- 3. Welsh Athletics Board of Directors Member
- 4. Independent Scrutineer (Non Voting)

**Note:** The appeals panel will be made of four appropriately positioned and knowledgeable experts who are independent of the nomination panel





## Appendix 2

### **Appeals Procedure**

If an athlete has not received a telephone call or email by 9pm on the 18th May 2026 informing them of their nomination to the CGW, they should assume their non-nomination. If an athlete wishes to clarify this, they should contact the CEO (James Williams) immediately by e-mail (james.williams@welshathletics.org). Any athlete who has not been nominated but has achieved a minimum B standard outlined in paragraph 11 has the right to appeal that decision and for that appeal to be considered by an independent panel. Any appeal should be made on the basis of an error of fact or incorrect process.

Any appeal against the decision(s) made by the Welsh Athletics Nomination Panel, based on an error of fact or incorrect process, must be submitted to the "Appeals Panel", C/O Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ or by email to the Chief Executive Officer (james.william@welshathletics.org) no later than 17.00 on the 21st May 2026. This process is outlined below:

- 5. An athlete ("the Appellant") may appeal against the decision of the Welsh Athletics Nomination Panel in writing to Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ.
- 6. 2 The appellant shall lodge an appeal in writing ("Notice of Appeal") to the Appeals Panel C/O Welsh Athletics, Cardiff International Sports Campus, Leckwith Road, Cardiff, CF11 8AZ or by email to the CEO (james.williams@welshathletics.org) no later than 17.00 on the 21st May 2026. The Notice of Appeal should set out in full the basis on which the Appellant wishes to appeal and the remedy sought, and should be accompanied by all relevant documentation which the Appellant wishes to rely on in support of the Appeal. A non-refundable deposit of £50 made payable to Welsh Athletics, for administration costs, shall also be sent with the Notice of Appeal.
- 7. The Appeals Panel will consider the appeals on the 22nd May 2026. Appellants will be notified of the decision by telephone between 16.00 and 20.00 on the 22nd May 2026. They will also receive written notification thereafter.
- 8. The decision of the Appeals Panel is final.
- 9. Costs
- 10. The costs of an unsuccessful appeal will be met by the Appellant as follows (Excluding the £50 non returnable administration fee);
  - Unsuccessful Appeal £200

The Appellant is required, when lodging a Notice of Appeal, to forward a payment to Welsh Athletics for £200 to be held on account pending the outcome of the Appeal. In successful appeals the held payment will be returned.





## Appendix 3

### Illness / Injury / Fitness Testing Protocols and Procedures

At any time prior to the Games, Welsh Athletics in conjunction with Team Wales reserves the right to withdraw an athlete's nomination should, in the opinion of the Welsh Athletics Head of Performance and the Welsh Athletics Lead Physiotherapist, there be an injury/illness that could impact on an athlete's potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12.

Where such concerns exist, the following process will be undertaken:

### **Appendix 3.1 Nomination period to Team Wales**

The Athlete must notify the Head of Performance immediately once an injury has occurred. If there is concern regarding an athlete's potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12.

The Welsh Athletics Head of Performance and Lead Physiotherapist, at their absolute discretion, will request that the athlete undergoes a medical examination to determine his/her fitness to compete at the Games

This examination will be conducted by the Welsh Athletics Lead Physiotherapist, or Sport Wales Lead Sports Physician (depending on the nature of the issue) in the presence of the Welsh Athletics Head of Performance or nominated deputy (If logistically this is not possible Welsh Athletics retains the discretion to employ two suitably qualified individuals to act upon Welsh Athletics behalf under strict guidance).

If the athlete fails, or refuses to undergo, the examination, his/her nomination will be withdrawn.

If the athlete passes the medical examination carried out in accordance with the paragraph above, but Welsh Athletics retains concerns over their potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12 due to the underlying injury or illness, the Welsh Athletics Head of Performance ("Head of Performance"), at their sole discretion, may request that the athlete undergoes a set of event-specific performance tests. The test(s) will be agreed between the Head of Performance, nominated deputy and the Welsh Athletics Lead Physiotherapist and will be designed to determine the impact of any injury/illness on the athlete's potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12. If the athlete fails or refuses to undertake the test(s), his/her nomination will be withdrawn.





### **Appendix 3.2 – Pre Games**

Should an athlete refuse or fail the medical examination or event specific tests as requested by the Welsh Athletics Head of Performance in conjunction with the Welsh Athletics Lead Physiotherapist whilst in the UK (prior to travelling to a preparation camp) the athlete will be withdrawn from the preparation camp.

Should an athlete refuse or fail the medical examination or event specific tests as requested by the Welsh Athletics Head of Performance in conjunction with the Welsh Athletics Lead Physiotherapist whilst on/attending a preparation camp, a reasonable discussion will be held between the athlete, Head of Performance, nominated deputy and Physiotherapist regarding the withdrawal of the athlete from the preparation camp.

At all times Welsh Athletics retains the right to request Athletes permission to seek addition advice from suitable external practitioners if decisions to be made could be compromised in not doing so.

### Appendix 3.2 Once entered into the Games by Team Wales

After Team Wales has been entered into the Games, athlete de-selections and replacements may only be allowed in accordance with the CGW's "Late Athlete Replacement Policy" (or any revised or amended CGW policy relating to athlete replacement in force at the time). Athletes may be deselected at this stage due to the athlete no-longer being eligible (as detailed in paragraph 36) or due to injury/illness. In such circumstances, should the Welsh Athletics Head of Performance and/or the Welsh Athletics Lead Physiotherapist believe injury/illness to an athlete may impact upon their potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12, the following process will be undertaken:

- a. The Team Wales CMO, in conjunction with the Welsh Athletics Lead Physiotherapist, will request that the athlete undergoes a medical examination to determine his/her fitness to compete. This examination will be conducted by the Welsh Athletics Lead Physiotherapist, If the athlete fails, or refuses to undergo, the examination, his/her nomination will be withdrawn.
- b. If the athlete passes the medical examination carried out in accordance with paragraph a. above, but Welsh Athletics and/or Team Wales retain concerns over their potential to achieve performances within 3% or less of the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out at paragraph 12 due to the underlying injury or illness, the Team Wales Deputy Chef de Mission, at their sole discretion, may reasonably request the athlete undergoes a set of event-specific performance tests. The test(s) will be agreed by the Welsh Athletics Head of Performance, the Welsh Athletics nominated deputy, the Welsh Athletics Lead Physiotherapist and a delegated Team Wales representative, and will be designed to determine the impact of any injury/illness on the athlete's potential to achieve performances





within 3% or less the identified B standard in their event as outlined in paragraph 11 during the relevant qualification period set out in paragraph 12.nlf the athlete fails or refuses to undertake the test(s), his/her nomination will be withdrawn.

Should an athlete refuse or fail a requested medical examination or event specific tests as stated above whilst in the CWG Holding Camp or Games Village, a reasonable discussion will be held between the athlete, Welsh Athletics Head of Performance and Team Wales representative regarding the withdrawal of the athlete from the CWG Village. Any decision made in this meeting will reflect the Athletes ability to be able to perform during the Games and the ability of the Welsh Athletics / Team Wales Support Team to facilitate and protocols deemed necessary to enable the athlete to perform.

**Date of sign off:** 31st March 2025

Written by: Chris Type, Head of Performance at Welsh Athletics

**Approved by:** Welsh Athletics Board of Directors